

## **PRESS RELEASE**

### **Dufferin Mine path to gold production update**

**Rimouski, Quebec, Canada – February 27, 2014** – Ressources Appalaches (APP - TSXV and OU3 - FWB) is pleased to provide an update on development at the Dufferin Mine site in Nova Scotia planned to start producing gold in the next 60 days, then ramp up of production to reach 300 tonnes per day capacity within the next 6 months.

Over the past two months, the Company has completed the majority of equipment acquisitions required for Dufferin Mine such as the Falcon concentrator, induction furnace, screen assembly, vault door for the refinery and other parts for the mill refurbishment.

Targeting to produce gold in two months, the first ore face is in preparation and the underground rehab of the other levels including ground support work and refurbishment of the mine refuge station has begun to access the second ore face.

The recruitment process has filled all the senior roles including mine engineer, mine foreman, mill superintendent, mill foreman, geologist and administrative superintendent. The Company now has more than 30 full time employees (not counting the contractors working in the different areas), at the Dufferin mine site. Recruitment will continue over the next month until all positions have been filled to meet the operational needs of the project, planned to be 75 employees by early April 2014.

#### **Exploration works**

The Company had previously conducted exploration work at the Chocolate Lake property located 8 km east of the Dufferin Mine in Nova Scotia (see Press Release of January 30th, 2014) and situated along the same structural corridor of the Mine. The first exploratory borehole of 239 m indicated no gold results from the laboratory. A new drillhole site will be established during this summer to locate a stable area for the drill using the property magnetic survey targeting a second time the anticline structure.

#### **PDAC 2014**

Ressources Appalaches will be exhibiting at the 2014 Prospectors & Developers Association of Canada (PDAC) International Convention, Trade Show & Investors Exchange to be held at the Metro Toronto Convention Centre-South Building, March 2nd-5th, 2014. All interested parties are invited to visit us at booth # 2133 for the opportunity to meet with management and receive an update on the company's activities.

### **About Ressources Appalaches**

Since it was created in 1994, the goal of Ressources Appalaches has been to discover and develop deposits of base and precious metals in Canada with an expertise targeted towards the Appalachian geological formation in Québec and Nova Scotia. The Company is mainly focused on the exploration and development of the Dufferin Gold Mine in Nova Scotia.

Photos of the Dufferin Mine and its facilities are available on the Company's website at:  
[www.ressourcesappalaches.com](http://www.ressourcesappalaches.com).

The contents of this press release were prepared and reviewed by Alain Hupé, Eng. A Qualified Person as defined in NI 43-101. Neither the TSX Venture Exchange nor its Regulation Service Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts any responsibility for the adequacy or accuracy of this release.

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*This press release may contain certain forward-looking statements that include elements of risk and uncertainty. Consequently, actual results may differ substantially from those anticipated in such statements. These risks and uncertainties are described in the quarterly and annual reports, and in the documents submitted to the securities administration.*