

**PRESS RELEASE**

**287 g/t Au drilled over 1 meter at Dufferin Mine**

Rimouski, August 26, 2014 – Ressources Appalachés (APP - TSXV and OU3 - FWB), is pleased to announce results from 16 drill holes totaling 2,022 m made at the Dufferin Mine in Nova Scotia. An exceptional 287 g/t (9.2 oz/t) gold was intersected over 1 meter in hole F14-15 at 195 m of the surface corresponding to the vein # 6.

The main purpose of the drilling program is to explore under the galleries in exploitation mainly the veins 3 to 6 located between 75 and 200 m from the surface but also for the development of galleries toward east. Drill results are comparable to those of previous drilling campaigns completed on the property and veins were intersected as anticipated.

The following table presents the significant results.

<b>Drill Hole #</b>	<b>Azimuth (°)</b>	<b>Dip (°)</b>	<b>From (m)</b>	<b>To (m)</b>	<b>Length (m)</b>	<b>Grade Au (g/t)</b>
F14-01	346	75	36,1	36,35	0,25	5,44
F14-03	346	83	32,75	33,5	0,75	6,76
F14-04	166	-83	53,4 67,7	54,86 68,5	1,46 0,8	17,98 4,76
F14-05	166	-88 <i>Including</i> <i>Including</i>	67,63 67,63 69	70,56 68,1 70,2	2,93 0,47 1,2	27,91 25,90 57,50
F14-06	346	83	28,2 34,95	29,1 35,55	0,9 0,6	12,60 4,67
F14-07	346	78	31,1	32,15	1,05	9,70
F14-10	166	-78	46,4	46,95	0,55	14,60
F14-11	166	-83	17,6 43,6	18 44,72	0,4 1,12	6,67 27,86
F14-12	166	-88	40,7 103,67	41,33 104,1	0,63 0,43	5,13 5,97
F14-13	166	-83 <i>Including</i>	42 42,6 84,5	43,8 43,4 86,1	1,8 0,8 1,6	54,33 122,00 23,37
F14-14	166	-83	96 158,33	97 158,79	1 0,46	4,60 6,55
F14-15	166	-83 <i>Including</i> <i>Including</i>	39,7 40,3 79,5 195	41,9 40,9 80,2 196	2,2 0,6 0,7 1	11,40 38,10 5,19 287,00
F16-16	166	-83	42 50,65	42,5 50,94	0,5 0,29	5,43 8,02

Drill Hole #	Azimuth (°)	Dip (°)	From (m)	To (m)	Length (m)	Grade Au (g/t)
			81,35	86,55	5,2	21,52
		<i>Including</i>	81,75	83,2	1,45	54,60
		<i>Including</i>	83,2	84,3	1,1	28,40

Note: The length is that of the drilled interval.

Since 2008, more than 18 quartz veins of the “Saddle Reef Vein” type have now been identified at the Dufferin Mine. The gold-bearing anticline structure has been followed for 1.4 km and down to a depth of nearly 400 metres. The veins are sub horizontal juxtaposed one above the other with 20 to 40 meter spacing. Vein #1, which starts at the mine portal and plunges 8-10° to the east, was systematically followed over a distance of 1,200 meters, to a depth of 200 meters. Previous work indicated twelve other veins beneath the #1 vein, also extending eastwards. In addition, new veins have been located above the #1 in eastern part of the property.

### Production

The mine currently provides access and operates the first four veins. For further details on production, see Company’s Press Release of 21-08-2014.

### Analysis Procedure

The samples were taken by splitting the core according to industry standards and they were submitted along with standards, blanks and duplicates at regular intervals. The analyses were performed by ALS Laboratory Group for gold using conventional metallic screening. Half of the drill core has been preserved and all holes are stored at the site of the Dufferin Mine in Nova Scotia.

### About Ressources Appalachès

Since it was created in 1994, the goal of Ressources Appalachès has been to discover and develop deposits of base and precious metals in Canada with an expertise targeted towards the Appalachian geological formation in Québec and Nova Scotia. The Company is mainly focused on the exploration and development of the Dufferin Gold Mine in Nova Scotia.

Photos of the Dufferin Mine and its facilities are available on the Company’s website at: [www.ressourcesappalaches.com](http://www.ressourcesappalaches.com).

The contents of this press release were prepared and reviewed by Alain Hupé, Eng. a Qualified Person as defined in NI 43-101. Neither the TSX Venture Exchange nor its Regulation Service Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts any responsibility for the adequacy or accuracy of this release.

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