

PRESS RELEASE

Ressources Appalaches: Nomination of New Chief Financial Officer

Rimouski, July, 30 2014 – In the process to become a new gold producer, Ressources Appalaches (APP - TSXV and OU3 - FWB) is pleased to announce the nomination of Mr Darrin Campbell, CMA as chief financial Officer (CFO) of the company as of July 28 2014. Mr. Campbell is a Certified Management Accountant from Dartmouth, NS and is already working with the company as the controller since May 2013.

Mr. Campbell brings more than 15 years of executive financial management and leadership experience in the mining and exploration sector. As a senior executive for a number of exploration and development companies, he has considerable experience in strategic planning, acquisitions, financial controls, reporting, capital restructuring and implementing successful finance programs.

Mr. Campbell replaces Ms. Ginette Brisson who is with the Company since 2005 and will remain with the Company to assist on part time basis until fully retired. The Company wishes to thank Ms. Brisson for her services during her time as CFO.

About Ressources Appalaches

Since it was created in 1994, the goal of Ressources Appalaches has been to discover and develop deposits of base and precious metals in Canada with an expertise targeted towards the Appalachian geological formation in Québec and Nova Scotia. The Company is mainly focused on the exploration and development of the Dufferin Gold Mine in Nova Scotia.

Photos of the Dufferin Mine and its facilities are available on the Company's website at: www.ressourcesappalaches.com.

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