

## **PRESS RELEASE**

### **First gold bar poured at Dufferin Mine**

Rimouski, July, 10 2014 – Ressources Appalaches (APP - TSXV and OU3 - FWB) is pleased to announce the first gold bar poured at the Dufferin Mine in Nova Scotia. Final gold recovery is being optimized at the mine. A first dore (bullion) was poured and delivered to Johnson Matthey refinery in Ontario for final refining. Production results will be published after the commissioning period when the mine reaches full capacity.

Entire production circuit is in operation: mining, milling and concentration. Commissioning and optimization of the production is continuing as planned to reach full production capacity of 300 tons per day in August. The average plant production in June was more than 50% with peaks in excess of 200 tons per day. Recent upgrading on the grinding system: ball mill and cone crusher have been made to improve productivity.

Work is currently concentrated on optimization of the dore smelting furnace, on the adjustment of the laboratory and the installation of new equipment to optimize the concentration of gold. At the beginning of the circuit, a new recovery system (sluice) for coarse gold of more than 3 mm in diameter will be installed and at the end of the circuit, a small mill (rod mill) to facilitate uniform particle size for separation of gold from sulfides.

Hiring staff is now complete with 80 full-time employees hired including 20 miners and 15 plant operators and teams of geologists, engineers, mechanics and electricians. Ore mining and processing plant operates 24 hours a day and 7 days per week with teams of workers in rotation.

Alain Hupé, President and CEO said: "The project is continuing to advance closer to sustained full production capacity and we are proud to begin producing gold in Nova Scotia. We thank our team for the dedication and professionalism they have demonstrated in achieving this important milestone."

### **About Ressources Appalaches**

Since it was created in 1994, the goal of Ressources Appalaches has been to discover and develop deposits of base and precious metals in Canada with an expertise targeted towards the Appalachian geological formation in Québec and Nova Scotia. The Company is mainly focused on the exploration and development of the Dufferin Gold Mine in Nova Scotia.

Photos of the Dufferin Mine and its facilities are available on the Company's website at: [www.ressourcesappalaches.com](http://www.ressourcesappalaches.com).

The contents of this press release were prepared and reviewed by Alain Hupé, Eng. a Qualified Person as defined in NI 43-101. Neither the TSX Venture Exchange nor its Regulation Service Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts any responsibility for the adequacy or accuracy of this release.

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