

PRESS RELEASE

Ressources Appalaches start crushing ore at the Dufferin Mine

Rimouski, Quebec, Canada – May 8, 2014 – Ressources Appalaches (APP - TSXV and OU3 - FWB) is pleased to report the crushing unit of the Dufferin Gold Mine processing plant began processing ore and the gravity line at the plant is currently being tested. As the ball mill had been already tested and ready to roll, the remaining flotation process will be commissioned as a continuous process to complete the plant circuit.

Underground, the initial face is now producing ore on a sustained basis. A second face located at an advantageous level near surface (see Press Release of April 15, 2014) will be operated for additional ore to increase surface stockpiling. Currently, more than 1,500 tonnes of ore are stockpiled guaranteeing a steady startup operation to the processing plant.

Alain Hupe, Ressources Appalaches President and CEO, reported that “producing ore from a second face at vein #1, the start of the crushing unit and gravity line at the Dufferin processing plant are all very significant steps to produce the first Dore during May. Following this milestone, we will continue ramping up production to 300 tonnes per day as planned”.

About Ressources Appalaches

Since it was created in 1994, the goal of Ressources Appalaches has been to discover and develop deposits of base and precious metals in Canada with an expertise targeted towards the Appalachian geological formation in Québec and Nova Scotia. The Company is mainly focused on the exploration and development of the Dufferin Gold Mine in Nova Scotia.

Photos of the Dufferin Mine and its facilities are available on the Company’s website at: www.ressourcesappalaches.com.

The contents of this press release were prepared and reviewed by Alain Hupé, Eng. a Qualified Person as defined in NI 43-101. Neither the TSX Venture Exchange nor its Regulation Service Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts any responsibility for the adequacy or accuracy of this release.

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