

PRESS RELEASE

Completion of Technical Due Diligence

Rimouski, Quebec, Canada – October 30, 2013 – Ressources Appalaches (APP - TSXV and OU3 - FWB) is pleased to announce that it has successfully completed the technical due diligence for the remaining US \$7.5 million (Tranche B) of a US \$10 million secured loan financing provided by New York based Lascaux Resource Capital Partners, LLC (see press releases of May 8, 2013).

Completion of Technical Due Diligence

The Tranche B technical due diligence for the US \$7.5 M consisted primarily in the completion of a detailed mine plan and economic model. The Lender's technical team reported that it was satisfied with Ressources Appalaches' Dufferin Mine project mine plan document, economic model, operating cost estimates, and capital cost estimates.

The due diligence on the few remaining conditions precedent has been initiated to be prepared to release the funds in anticipation of Ressources Appalaches obtaining the final Industrial Approval by Nova Scotia Government. Correspondingly, Ressources Appalaches management was informed by the Provincial authorities that the Industrial Approval process is progressing and nearing completion.

Tracking our Progress

Website www.ressourcesappalaches.com is being updated actively with all of our news and project updates. Bookmark us!

www.RessourcesAppalachesTV.com is up and running explaining the project from individual perspective.

Twitter account setup @ResAppalaches and being used to update any and all subscribers. Subscribe now to get your 140 character updates as we progress.

About Ressources Appalaches

Since it was created in 1994, the goal of Ressources Appalaches has been to discover and develop deposits of base and precious metals in Canada with an expertise targeted towards the Appalachian geological formation in Québec and Nova Scotia. The Company is mainly focused on the exploration and development of the Dufferin Gold Mine in Nova Scotia.

Photos of the Dufferin Mine and its facilities are available on the Company's website at:
www.ressourcesappalaches.com.

The contents of this press release were prepared and reviewed by Alain Hupé, Eng. A Qualified Person as defined in NI 43-101. Neither the TSX Venture Exchange nor its Regulation Service Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts any responsibility for the adequacy or accuracy of this release.

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This press release may contain certain forward-looking statements that include elements of risk and uncertainty. Consequently, actual results may differ substantially from those anticipated in such statements. These risks and uncertainties are described in the quarterly and annual reports, and in the documents submitted to the securities administration.