

PRESS RELEASE

Ressources Appalaches Progresses with its Dufferin Gold Mine

Rimouski, July 24, 2013 – Ressources Appalaches (APP - TSXV) is pleased to report on the progress of its' 100% owned Dufferin gold mine project since the announcement of the loan financing of US \$10M secured (see press releases of May 08, 2013). Achievements so far on the path to gold production:

- Completed soft-starts and testing of all crushing circuit components
- Underground rehabbing continues to the second level with water, air and dewatering service lines made operational
- Primary and secondary underground ventilation operational
- Acquisition and delivery of heavy equipment and material required for site preparation, as well as initiated the acquisition of the long-lead items required to resume gold production
- Started the vetting of 462 applications for the remaining approximately 60 staffing positions required to resume production in late 2013
- Board nomination of Mr. Jose Oro as Director

During the upcoming weeks Ressources Appalaches is anticipating the receipt of the production permit (Industrial Approval) which represents the final permitting stage required to start gold production at Dufferin Mine. Our mine engineering team will be finalising the mining plan including the scheduling of the first veins where we expect to begin mining operations. Our administrative staff will be forging ahead with the selection and ultimately hiring process of the remaining personnel required to resume to gold production by late 2013.

Details on the Path to Production Progress

Refurbishment – All of the equipment comprising the crushing circuit at the Dufferin mill has been successfully tested, only minor works required to become fully operational. These works are expected to be complete in early August and the circuit will then be tested on a continuous basis with 100 tonnes of low grade ore produced in previous operations. Refurbishing of the milling and flotation components of the plant is ongoing.

Underground Rehabbing – Works progress with the completion of securing the access ramp to level two. Cable bolting and shotcreting of the portal as well as the related external independent certification of rehab works are completed. The permanent underground water, air and dewatering service lines have been reconditioned, hooked-up and rendered operational.

Ventilation – The primary 100HP fan ventilation for the underground was overhauled and installed to supply air to the underground galleries as well as the installation and testing of a back secondary 30HP is now operational.

Mining Equipment – Completed the acquisition and delivery of underground equipment such as a; scissor lift with 8x10 deck, 3.5 yard scoop (LHD) and a MT-416 16tonnes payload truck. Also purchased safety material, personal protective gear and initiated the acquisition of all the long-lead items to resume gold production with the latest arrival scheduled for November 2013.

Human Resources – Completed the recruitment and hiring of underground miners, millwright and site services staff required to complete the dewatering, underground rehabbing and the milling refurbishment activities. Currently, a total of 21 personnel are directly employed and involved with the Dufferin Mine path to gold production. Recruitment process was initiated in June 2013 with more than 462 applications received so far for the approximately 60 positions required to be filled in order to resume gold production at in late 2013.

Board of Director Nomination – The appointment Mr. Jose Oro, PhD. as a Director of the Company effective 25 June 2013. Mr. Oro brings more than 35 years of global mining practical experience as well as advance technical expertise to the Ressources Appalaches' Dufferin Team.

Tracking our Progress

Website www.ressourcesappalaches.com is being updated actively with all of our news and project updates. Bookmark us!

www.RessourcesAppalachesTV.com is up and running explaining the project from individual perspective.

Twitter account setup @ResAppalaches and being used to update any and all subscribers. Subscribe now to get your 140 character updates as we progress.

About Ressources Appalaches

Since it was created in 1994, the goal of Ressources Appalaches has been to discover and develop deposits of base and precious metals in Canada with an expertise targeted towards the Appalachian geological formation in Québec and Nova Scotia. The Company is mainly focused on the exploration and development of the Dufferin Gold Mine in Nova Scotia.

Photos of the Dufferin Mine and its facilities are available on the Company's website at:
www.ressourcesappalaches.com.

The contents of this press release were prepared and reviewed by Alain Hupé, Eng. A Qualified Person as defined in NI 43-101. Neither the TSX Venture Exchange nor its Regulation Service Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts any responsibility for the adequacy or accuracy of this release.

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