

PRESS RELEASE

Ressources Appalaches Complements its Dufferin Gold Mine Technical Expertise and Progresses Underground

Rimouski, July 3, 2013 – Ressources Appalaches (APP - TSXV) is pleased to announce the appointment of Mr. Andre J. Rancourt, P.Eng., PhD. as the Deputy Mine Manager. Mr. Rancourt brings more than 20 years of geotechnical engineering and rock mechanics experience to the Ressources Appalaches Team. The addition of rock mechanic expertise provides Ressources Appalaches with another highly desirable in-house capability. Having this often outsourced expertise in-house is another testament to the strength of the project, and which further amplifies and elevates the multi-disciplinary Dufferin Management team. The Company is also pleased to report on the advancement of underground works.

Deputy Mine Manager Appointment

Mr. Rancourt acquired his Ph.D., Mining Dept, McGill University, in 2010 and a M.A.Sc., Mining Dept. Rock Mechanics, École Polytechnique de Montréal in 1996. He has since realised over 10 geological, mining and rock mechanics studies for underground and surface mines. He has also participated in the design of other metals and gold mining projects around the world.

“M. Rancourt’s technical expertise and his past experiences as a supervisor within multi-disciplinary teams will undoubtedly contribute to enhancing the technical expertise of the Dufferin Mine Team” stated Alain Hupe, President and CEO.

Underground Progress

During the past few weeks the Company has begun the underground safety inspection and the initial rock mechanic evaluation, as well as started the underground rehab activities. Moreover, the primary ventilation fan for the underground has now been overhauled and installed to supply air to the underground galleries.

The Company has also hired underground miners along with acquired the underground equipment, 3.5 yard scoop, 18tonnes truck and scissor lift, required to proceed with the underground rehab activities and future mining work. The refurbishment of the Mine Office and Mine Dry has also been completed.

About Ressources Appalaches

Since it was created in 1994, the goal of Ressources Appalaches has been to discover and develop deposits of base and precious metals in Canada with an expertise targeted towards the Appalachian geological formation in Québec and Nova Scotia. The Company is mainly focused on the exploration and development of the Dufferin Gold Mine in Nova Scotia.

Photos of the Dufferin Mine and its facilities are available on the Company’s website at:

www.ressourcesappalaches.com.

The contents of this press release were prepared and reviewed by Alain Hupé, Eng. A Qualified Person as defined in NI 43-101. Neither the TSX Venture Exchange nor its Regulation Service Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts any responsibility for the adequacy or accuracy of this release.

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