

PRESS RELEASE

Ressources Appalaches Receives Code of Practice Approval for Dewatering Operations of its Dufferin Mine

Rimouski, September 27, 2012 – Ressources Appalaches (APP-TSXV) is pleased to announce receipt of the Code of Practice approval from the Nova Scotia Department of Labour and Advanced Education Occupational Health and Safety Division. This latest milestone is a significant step towards starting the underground de-watering operations of Dufferin Mine which is 100% owned and free of all royalties.

The final approval required for the issuance of the de-watering permit, which consists of environmental parameters, is at an advance drafting stage and is anticipated shortly.

Preparations for Dewatering of the Underground Galleries

Recalling our press release dated September 11, 2012; Ressources Appalaches has sufficient funds to conduct dewatering activities, including the rehabilitation of galleries, sampling and underground mapping. Moreover, repairs of the tailings facilities are nearing completion, as well as the furtherance of general refurbishment works is also continuing. Ressources Appalaches is now well positioned to proceed promptly with the dewatering of its 100% owned Dufferin Mine once the dewatering permit has been issued.

Once completed, these works will contribute towards the ultimate objective of restarting production with the existing mine plant and enhance the Company's stance in negotiating alternative debt financing options.

About Ressources Appalaches

Founded in 1994, the goal of Ressources Appalaches has been to discover and develop deposits of base and precious metals in Canada, and more specifically in the Appalachian geological formation of Québec and Nova Scotia. Ressources Appalaches is now mainly focused on the development of the Dufferin gold mine in Nova Scotia.

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