

PRESS RELEASE

Ressources Appalaches 43-101 Technical Report on Dufferin Mine Property

Rimouski, June 6, 2012 - Ressources Appalaches (TSXV-APP) wishes to inform its shareholders that MineTech International Limited, an engineering and geological consulting firm from Halifax, has completed a technical report, compliant with National Instrument NI 43-101 standards, on the Dufferin Mine project in Nova Scotia. The report summarises all works performed on the property since the 2009 Technical Report. Ressources Appalaches has considerably extended the known size of the mineralised zone along strike to 1,400 meters and at depth to 360m. The authors concluded that “the Dufferin Property is a property with good potential to become an economic enterprise”.

The recommended work is divided into three phases. The first phase consists of dewatering, inspecting the existing underground workings, as well as geological mapping and sampling. Phase 1 is expected to last approximately four months and cost approximately \$CAN 1,160,000. The second phase entails defining sufficient mineralisation to proceed towards production using the existing on site milling facilities. This includes surface and underground drilling, test mining and a metallurgical testing program. This phase also includes the refurbishment of the existing mill facility. Phase 2 is expected to last approximately six months and cost approximately \$CAN 3,140,000. The third phase is designed to establish a National Instrument 43-101 compliant estimate of the Mineral Resources, followed by an economic analysis of a potential mining operation, which would include an estimate of Mineral Reserves. This phase is expected to last approximately three months and cost \$CAN 187,000. The total cost of this program is estimated at \$CAN 4.49 million.

Extension of the Deposit

Since the last report in 2009, fifty new holes as well as extension of four 2008 holes have been drilled. This work has significantly extended the deposit. The mineralized zone now has a known strike of approximately 1,400 metres and a known depth of up to 360 m. A number of assays returned grade-times-length values (gram-metres) higher than 10 g/tonne per metre (the following table summarises the results). A number of drill holes included several well mineralised intersections, e.g., F09-11, F09-16, and F10-26. Many of the holes intersected wide sections of mineralisation; drill hole F09-11 (a vertical hole) had a grade of 4.15 g/t over 16 metres, and hole F09-01 (drilled at -70°) intersected 4.54 g/t over 10m, from 141m to 151m, and 1.75 g/t over 10.7m, from 170m to 181m.

Drillhole results grade values over 10 g/tonne per metre:

Drillhole	Section Easting	From (m)	To (m)	Length (m)	Gold g/t	g/tonne per metre
F09-04	2500	32.00	36.30	4.30	7.05	30.32
F09-01	2400	141.00	151.00	10.00	4.54	45.40
F09-01	2400	170.30	181.00	10.70	1.79	19.15

Drillhole	Section Easting	From (m)	To (m)	Length (m)	Gold g/t	g/tonne per metre
F09-02	2400	27.30	28.30	1.00	10.65	10.65
F09-02	2400	89.00	90.25	1.25	10.40	13.00
F09-07	2500	154.80	162.00	7.20	18.88	135.94
F09-09	2310	32.90	34.30	1.40	17.78	24.89
F09-09	2310	155.00	159.90	4.90	2.16	10.58
F09-13	2225	190.00	194.00	4.00	3.18	12.72
F09-16	2725	49.00	52.00	3.00	35.10	105.30
F09-16	2725	92.00	98.50	6.50	5.54	36.01
F09-16	2725	111.00	112.20	1.20	25.50	30.60
F09-16	2725	156.50	160.00	3.50	3.31	11.59
F09-17	2825	163.00	166.30	3.30	3.63	11.98
F09-17	2825	201.40	202.00	0.60	16.80	10.08
F09-18	2825	178.30	187.60	9.30	2.84	26.41
F09-22	2875	105.00	111.00	6.00	1.74	10.44
F09-23	2650	87.30	92.50	5.20	6.05	31.46
F09-23	2650	152.80	153.60	0.80	135.50	108.40
F09-23	2650	207.00	209.50	2.50	7.45	18.63
F10-08	3260	54.00	55.00	1.00	12.55	12.55
F10-08	3260	142.90	143.50	0.60	79.40	47.64
F10-09	3260	58.40	59.00	0.60	20.90	12.54
F10-09	3260	133.30	135.10	1.80	7.37	13.27
F10-19	3260	7.50	8.80	1.30	14.75	19.18
F10-21	3375	172.00	173.00	1.00	23.00	23.00
F10-26	2685	216.00	220.10	4.10	7.33	30.05
F10-26	2685	247.80	250.70	2.90	4.36	12.64
F10-26	2685	255.10	256.30	1.20	9.46	11.35
F10-27	2600	36.00	37.90	1.90	38.52	73.19
F10-27	2600	81.00	85.00	4.00	3.24	12.96
F10-27	2600	144.00	147.70	3.50	8.40	29.40
F10-28	3030	273.20	274.90	1.70	7.49	12.73
F10-29	3030	89.00	94.60	5.60	8.19	45.86

Location

The Dufferin gold property is located near Port Dufferin in Nova Scotia, Canada. The Property is accessible by eight kilometres of good gravel road from Port Dufferin and is approximately 140 kilometres east of Halifax. The Mineral Lease (2.2 km²) includes a portal with ramp access to underground workings, a tailings pile, and a mill-camp complex.

Deposit type

The Dufferin Property deposit occurs in a "saddle-reef-vein" type gold deposit in the crest and limbs along the Crown Reserve Anticline. Gold mineralisation in the Meguma Group of Nova Scotia, which hosts the Dufferin deposit, has been explored for and mined since the 1860s. Similarities between the saddle-vein deposits in Nova Scotia to those of the Bendigo - Castlemaine goldfields of the State of Victoria, Australia have been noted by numerous authors.

Resource Estimates

A historical reserve estimate was completed in 1993 by Dufferin Resources which showed an in situ geological mineral inventory of the various quartz saddle veins of 152,104 tonnes over a strike length of 450 metres. The Upper saddle vein was estimated to contain an average uncut grade of 17.5 g/tonne gold. The Middle saddle vein was estimated to contain an average uncut grade of 12.0 g/tonne gold (Duncan and Graves, 1993). These historical estimates refer to categories other than the ones required by present day Canadian securities legislation. These estimates are historical in nature, were not prepared in compliance with the CIM definitions required by National Instrument 43-101 and should not be relied upon. While much of this material may have been mined, the figures give an estimate of the character of the mineralised Saddle Reef Vein.

Qualified Persons

The report was co-authored by Patrick Hannon, M.A.Sc., P.Eng. and Douglas Roy, M.A.Sc., P.Eng.. Both co-authors are independent of Ressources Appalaches applying all of the tests in Section 1.5 of National Instrument 43-101.

About MineTech International

MineTech International Limited has served the Canadian and International mining markets since its founding in 1989. Staffed by experienced engineers and geologists, it is located in Halifax, Canada.

MineTech is an independent, employee-owned consultancy capable of delivering professional results for a wide range of mining and geological problems, including assistance with mine exploration, design, permitting and operations.

About Ressources Appalaches

Since it was created in 1994, the goal of Ressources Appalaches has been to discover and develop deposits of base and precious metals in Canada, and more especially in Québec and Nova Scotia. Appalaches' primary focus is with the exploration and development of the Dufferin gold mine in Nova Scotia.

The complete technical report is on SEDAR at www.sedar.com and also on our website at www.ressourcesappalaches.com.

The contents of this press release were prepared by Alain Hupé, Eng. and Doug Roy M.A.Sc., P.Eng, a Qualified Person as defined in NI 43-101. Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release."

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