

PRESS RELEASE

Ressources Appalaches Hires its' Mine Manager for Dufferin Mine

Rimouski, May 15, 2012 – Ressources Appalaches (APP - TSX.V) is pleased to announce the addition, to its Dufferin mine project, of Mr. Douglas Keating as Mine Manager in Nova Scotia.

Mr. Keating and his team are already diligently at work on site with preparatory works related to de-watering of the underground galleries, as well as the refurbishment of milling equipment and the implementation of safety procedures and protocols.

Alain Hupé, President and Chief Executive Officer of Ressources Appalaches states: “the appointment of Mr. Keating to the Dufferin Mine’s Team complies with our deadlines and objectives to resume gold production by 2013”.

Douglas Keating – Mine Manager

Native of Nova Scotia, Mr. Keating is recognised as a leader, results oriented, with strong interpersonal skills renown for effectively communicating corporate objectives and targets all along while promoting conducive working environments.

With over 20 years of progressive mining experience in processing and operations, Mr. Keating worked at Golden Band Resources’ Jolu gold mill in Saskatchewan, Anaconda Mining in Newfoundland, Acadian Mining in Nova Scotia and Miramar Con Mine as well as Royal Oak’s Giant gold mine in the Northwest Territories. The positions occupied rang from operations manager to mill superintendent, process manager and chief assayer. The latter years Mr. Keating was responsible of operations which have gone through refurbishing and commissioning of gold mines.

In accordance with its compensation policy and stock option plan, on May 7, 2012, the board of directors of Ressources Appalaches granted 100,000 stock options to Mr. Keating with an exercise price of \$0.10. The options are valid for a period of five years.

About Ressources Appalaches

Since it was created in 1994, the goal of Ressources Appalaches has been to discover and develop deposits of base and precious metals in in Québec and Nova Scotia. Appalaches is mainly focused on the exploration and development of the Dufferin Gold Mine in Nova Scotia.

Photos of the Dufferin Mine and its facilities are available on the Company's website at: www.ressourcesappalaches.com.

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For information:

Alain Hupé Eng.

President

418-724-0901

info@ressourcesappalaches.com

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