

PRESS RELEASE

Payment of a service provider

Rimouski, March 16, 2012 - Ressources Appalaches (APP-TSXV) confirms that it has received the TSX Venture Exchange's approval to issue 1,000,000 shares (press release of February 24, 2012) to Axiom Capital Management Inc. and two finders: Harvey Stober and Anthony Fitzgerald. As a result of the Exchange's review, these shares are issued as finder fees as part of the private placement announced on February 13, 2012. No other changes have been made to this private placement.

About Ressources Appalaches

Since it was created in 1994, the goal of Ressources Appalaches has been to discover and develop deposits of base and precious metals in Canada, and more especially in Québec and Nova Scotia. Appalaches' primary focus is with the exploration and development of the Dufferin gold mine in Nova Scotia.

Photos of the Dufferin Mine and its facilities are available on the Company's website at: www.ressourcesappalaches.com.

The contents of this press release were prepared and checked by Alain Hupé, Ing., a Qualified Person as defined in NI 43-101. Neither the TSX Venture Exchange nor its Regulation Service Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts any responsibility for the adequacy or accuracy of this release.

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This press release may contain certain forward-looking statements that include elements of risk and uncertainty. Consequently, actual results may differ substantially from those anticipated in such statements. These risks and uncertainties are described in the quarterly and annual reports, and in the documents submitted to the securities administration.