

PRESS RELEASE

Ressources Appalaches' Nominates Mr. Jean-Claude Morel as Executive Vice-President

Rimouski, February 15, 2012: Ressources Appalaches (APP – TSX.V) is pleased to announce the appointment of Mr. Jean-Claude Morel to the position of Executive Vice-President. His proven professional aptitudes will be paramount as Ressources Appalaches embarks with the development of the Dufferin gold mine project.

Mr. Morel is a seasoned United Nations planning and operations manager. He has been accredited throughout his career for having delivered strong decisive leadership and sound management. He possesses extensive leadership practice nearing 25 years of management experience of which the majority involved the development and managing of multi-disciplinary teams ranging from engineering to logistics, including administrative and financial matters. Mr. Morel has completed a master's program in management (MADEM) from Royal Roads University.

Mr Alain Hupé, President, states: “Jean-Claude’s aptitudes will be very useful as we set up a new production team and develop the Dufferin gold mine.”

Ressources Appalaches has recently met with the relevant Provincial Authorities of Nova Scotia in order to reactivate the Dufferin mine operations, as well as initiate the process for de-watering activities. Furthermore, discussions are progressing in order to contract metallurgical test-works and a 43-101 report update required based on the 2009 report. The update will serve to include the 8,630 meters of drilling completed since then.

About Ressources Appalaches

Founded in 1994, the goal of Ressources Appalaches has been to discover and develop deposits of base and precious metals in Canada, and more especially in Québec and Nova Scotia. Appalaches is now mainly focused on the development of the Dufferin gold mine in Nova Scotia.

Photos of the Dufferin Mine and its facilities are available on the Company's website at: www.ressourcesappalaches.com.

The contents of this press release were prepared and checked by Alain Hupé, Ing. a Qualified Person as defined in NI 43-101. Neither the TSX Venture Exchange nor its Regulation Service Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts any responsibility for the adequacy or accuracy of this release.

-30-

For information:

Alain Hupé Eng.
President
418-724-0901
info@ressourcesappalaches.com

This press release may contain certain forward-looking statements that include elements of risk and uncertainty. Consequently, actual results may differ substantially from those anticipated in such statements. These risks and uncertainties are described in the quarterly and annual reports, and in the documents submitted to the securities administration.