

PRESS RELEASE

Ressources Appalaches announces results of Annual and Special Meeting of Shareholders

Rimouski, December 6, 2011 – Ressources Appalaches (APP-TSXV) is pleased to announce that all resolutions were approved by shareholders of the Company at its November 25, 2011 Annual and Special Meeting of Shareholders. This included the election of directors, appointment of auditors, approval Shareholders Rights Plan, approval By-laws and approval amendment of the Articles of the Company. The terms and conditions of the Shareholders Rights Plan, the By-laws and the amendment of the Articles of the Company are available on the Circular at www.sedar.com.

The shareholders elected Alain Hupé, André Proulx, Dominique Doucet and John Alan Thomas to the Board of Directors.

Management would like to thank Clément Duchesne outgoing director, for services rendered during his tenure.

In accordance with its compensation policy and stock option plan, on December 5, 2011, the board of directors of Ressources Appalaches (APP-TSXV) granted 2,250,000 stock options with an exercise price of \$0.10, expiring on December 5, 2016 to its' directors, employees and service providers.

About Ressources Appalaches

Since it was created in 1994, the goal of Ressources Appalaches has been to discover and develop deposits of base and precious metals in Canada, and more especially in Québec and Nova Scotia. Appalaches are mainly focused on the exploration and development of the Dufferin gold mine in Nova Scotia.

Photos of the Dufferin Mine and its facilities are available on the Company's website at: www.ressourcesappalaches.com.

The contents of this press release were prepared and checked by Alain Hupé, Ing., a Qualified Person as defined in NI 43-101. Neither the TSX Venture Exchange nor its Regulation Service Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts any responsibility for the adequacy or accuracy of this release.

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This press release may contain certain forward-looking statements that include elements of risk and uncertainty. Consequently, actual results may differ substantially from those anticipated in such statements. These risks and uncertainties are described in the quarterly and annual reports, and in the documents submitted to the securities administration.