

Press Release

Drill Results extend Dufferin mineralization, 38.52 g/t gold over 1.9 m

Rimouski, March 1 2011 - Ressources Appalachies (APP-TSXV) and StrikePoint Gold (SKP-TSXV and STK-OTCBB) are pleased to announce the results of six additional drill holes from the 2010 drill program at the Dufferin Mine Project in Nova Scotia among which are drill hole F10-27 containing 38.52 g/t Au over 1.9 m including 146 g/t Au over 0.5 m and drill hole F10-29 with 8.19 g/t Au over 5.6 m including 42.2 g/t Au over 0.3 m and 110.5 g/t Au over 0.3 m (see table below).

To date more than 18 stacked Saddle Reef type quartz veins have been identified along the Crown Reserve Anticline on the project. The true thickness of some of the veins in the middle of the Saddle is more than five metres along the centre of the anticline. They have been intersected in drill holes over a strike length of 1400 m near surface and, so far, for a length of 750m at a depth of 300-400m. Two holes were drilled 250m north of the Dufferin Mine to locate the Salmon River Anticline which is parallel to the Crown Reserve Anticline. Further drilling to locate veins in the Salmon River Anticline will be undertaken in 2011.

This drill program has confirmed the extension of the gold-rich quartz veins to the east and at regular intervals at depth, consistent with the Saddle Reef Type model in turbidite sedimentary rocks.

Additional deep diamond drilling work will be carried out at the Dufferin Mine to determine the continuity along strike and the repetition of the mineralized veins at depth. Shallow drill holes will also be located along the Salmon River Anticline to the north and five kilometres to the east in the Chocolate Lake Property located about five kilometers to test the extension of both anticlines.

Table: Drill hole Intersections

Drill Hole #	Section #	From (m)	To (m)	Length (m)	Au (g/t)	
F10-27	2600E	36.00	37.90	1.9	38.52	
	including		36.90	37.40	0.5	146.00
			45.90	46.85	0.95	1.48
			81.00	85.00	4	3.24
	including		81.00	81.70	0.7	16.10
			97.60	98.70	1.1	1.26
			144.00	147.70	3.5	8.40
	including		146.00	147.00	1	28.90
			155.00	156.10	1.1	2.90
			155.75	156.10	0.35	9.06

Drill Hole #	Section #	From (m)	To (m)	Length (m)	Au (g/t)
		211.65	212.80	1.15	1.09
		216.00	218.40	2.4	1.77
	including	216.65	217.50	0.85	2.38
F10-28	3030E	135.45	136.70	1.25	6.32
	including	136.30	136.70	0.4	19.40
		202.55	203.60	1.05	6.77
		273.20	274.90	1.7	7.49
	including	273.20	273.90	0.7	17.40
		310.20	311.00	0.8	2.13
F10-29	3030E	89.00	94.60	5.6	8.19
	including	90.50	90.80	0.3	42.20
	including	93.00	93.30	0.3	110.50
		130.00	130.60	0.6	2.05
		149.60	150.60	1	1.08
		200.25	201.60	1.35	1.07
		234.00	235.00	1	1.12
		309.50	310.50	1	1.24
F10-07	3175E	189.20	189.75	0.55	7.39
		247.00	247.40	0.4	5.55

The samples were taken by splitting the core according to industry standards and they were submitted along with standards, blanks and duplicates at regular intervals. The analyses were performed by ALS Laboratory Group using conventional fire assay with a atomic absorption spectrometer finish. Certain samples were prepared by metallic screening, notably when visible gold was noticed in the core.

About Ressources Appalaches

Since it was first established in 1994, Ressources Appalaches has targeted the discovery and development of deposits of base and precious metals in Canada, mainly in Quebec and Nova Scotia. The Company holds some twenty mineral properties in various stages of development.

The Company's objective is to become a gold producer: on April 9, 2009 it became the owner of the Dufferin Mine in Nova Scotia. The society owns 10M shares of the mining exploration company Puma Exploration (TSXV- PUM). Photos of the Dufferin Mine and its mining facilities are available on the Company's website at www.ressourcesappalaches.com.

Additional information can be obtained from the Company. Visit our Web site at www.ressourcesappalaches.com.

The contents of this press release were prepared by Alain Hupé, Eng., a Qualified Person as defined in NI 43-101. Neither the TSX Venture Exchange nor its Regulation Service Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts any responsibility for the adequacy or accuracy of this release.

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